



# Mercury: What we need to know...

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# Mercury (Hg) is a heavy metal

## Species:

- ✓ Metallic or elemental :  $\text{Hg}^0$
- ✓ Ionic or Inorganic :  $\text{Hg}^+$  and  $\text{Hg}^{2+}$
- ✓ Organic Hg when combined with C

Notably methylmercury ( $\text{MeHg}$  or  $\text{CH}_3\text{Hg}$ ),  
Ethylmercury, Phenylmercury



Source: UNIDO



# Natural mercury releases

- Mercury is an element, neither created or destroyed
- Average 0.05 mg/kg in earth's crust
- Gradual release from crust to atmosphere
- Volcanoes
- Weathering of rock
- Under sea vents





# Anthropogenic mercury releases

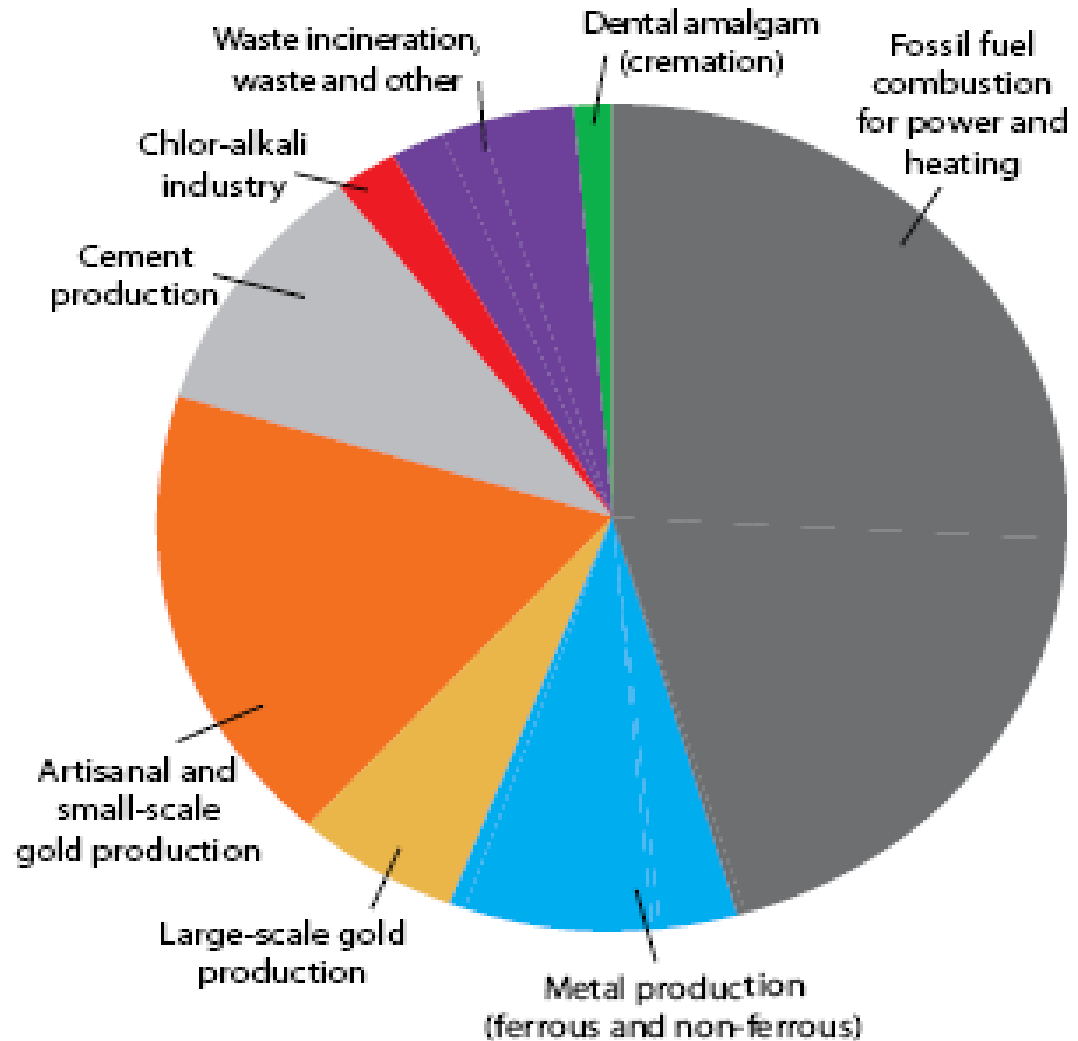


- **Releases from mobilisation of mercury impurities:**  
Coal-fired power, Cement production, non-ferrous metals mining
- **Releases from intentional extraction and use of mercury:** primary Hg mining, chlor alkali, small scale gold mining, manufacturing of products
- **Releases from Waste Treatment:**  
such as incineration/  
waste disposal sites, landfill



# 2005 Emissions by Sector

- Combustion of fossil fuels (in particular coal): 45%
- Artisanal and small-scale gold mining: 20%
- Waste and Other figures are conservative estimates and highly uncertain



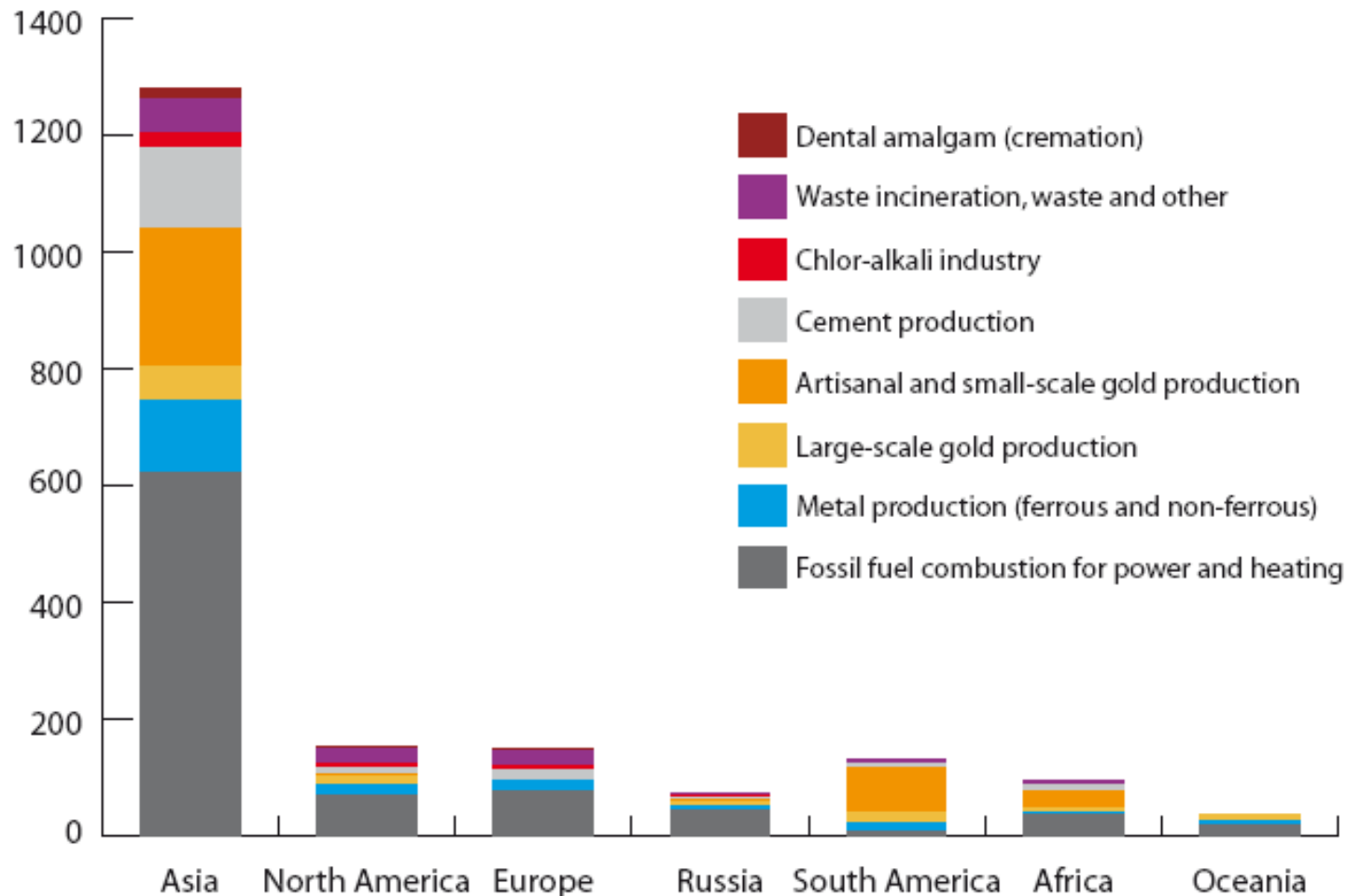
# 2005 emissions by region



**Geographical distribution reflects economic activity and technology, and presence of ASGM**

Emissions of mercury to air in 2005 from various anthropogenic sectors in different regions

Mercury emissions, tonnes

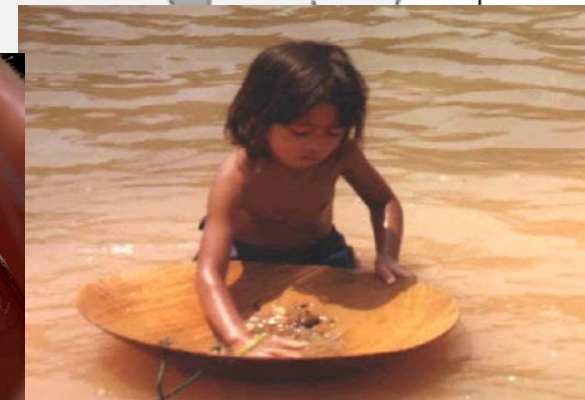
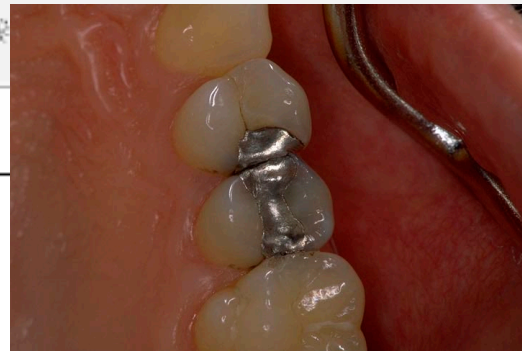


**Two-thirds from Asian sources (mainly China and India)**

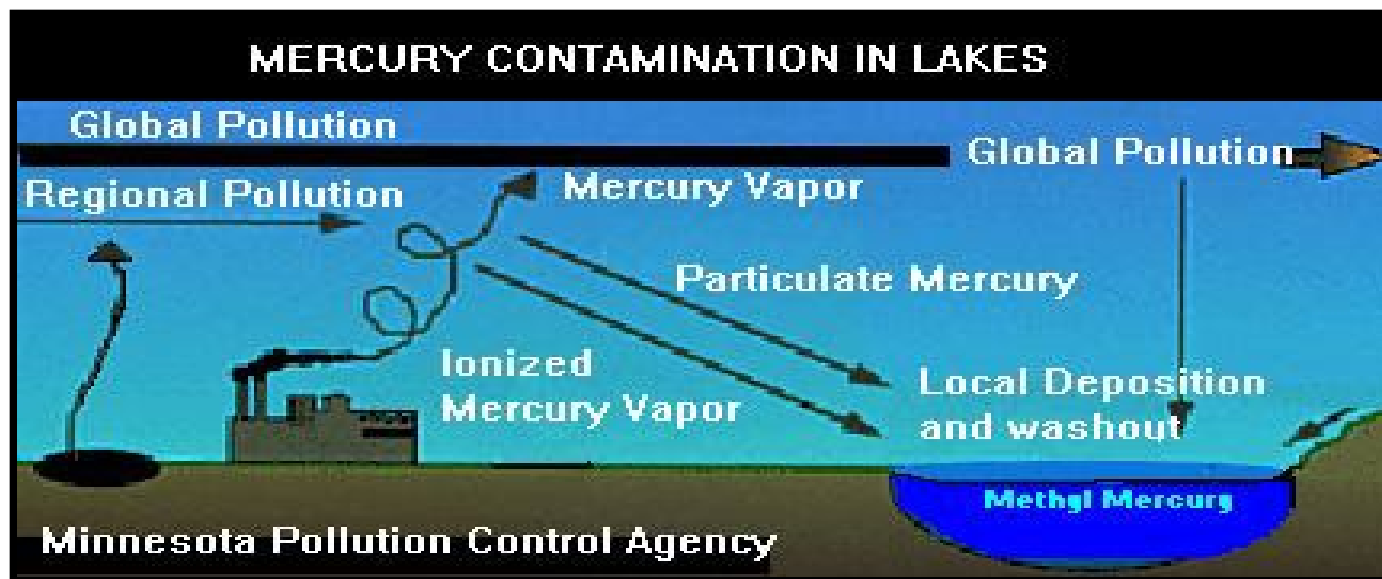


# Mercury Trade 2004

Figure 4 Commodity mercury shipments among world regions, 2004



# Global Cycle and Transport of Mercury



- Hg moves through environmental media and ultimately enters water bodies and deposits either close to source or long distance from source EPA
- Chemical and physical forms determine their behavior in the environment and pattern of deposition
- ❖ Divalent Hg- water soluble and relatively reactive and likely to deposit within a short distance
- ❖ Elemental Hg- tends to disperse long distance and may not deposit until it has traveled thousands of kilometers

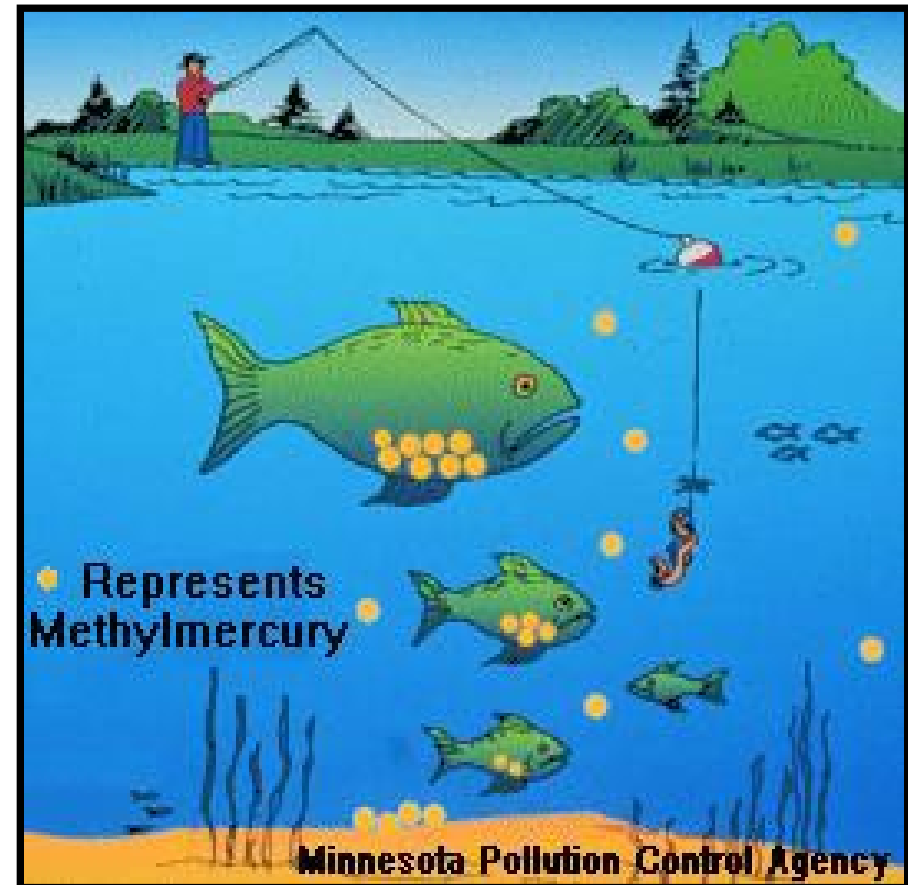
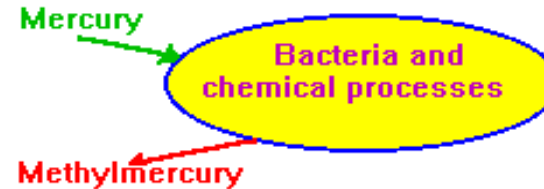


# Fate of Mercury

Metabolic conversion,  
bioaccumulation  
biomagnification  
through “food-chain”

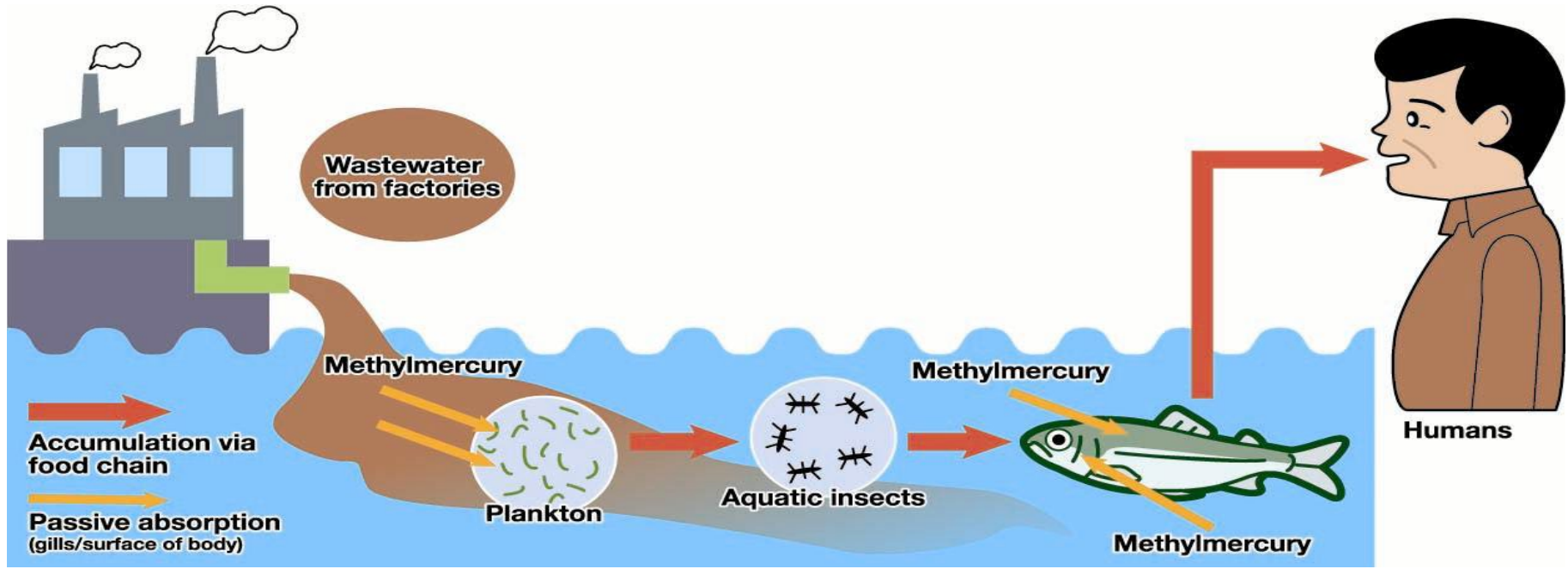
- ❖ Hg in sediments converts into methylmercury (MeHg)
- ❖ MeHg enters the aquatic food chain: plants, fish (marine freshwater), marine mammals
- ❖ MeHg uptake by humans through fish consumption

In lakes and streams, mercury is transformed into a toxic form.





# MethylMercury

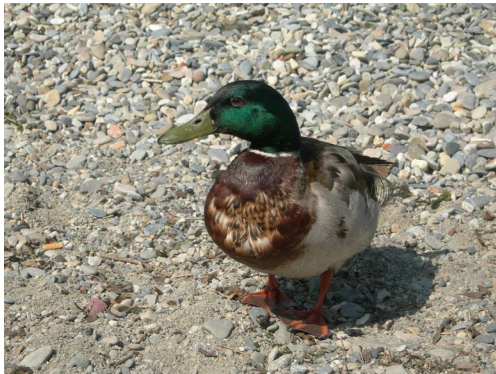


- Organic (Methylmercury)- ingestion (95% absorbed in GIT) of freshwater and marine fish
- bound in protein tissue, not in fatty deposits
- trimming and skinning of contaminated fish do not reduce Hg

# Effects on the Environment and the Ecosystem

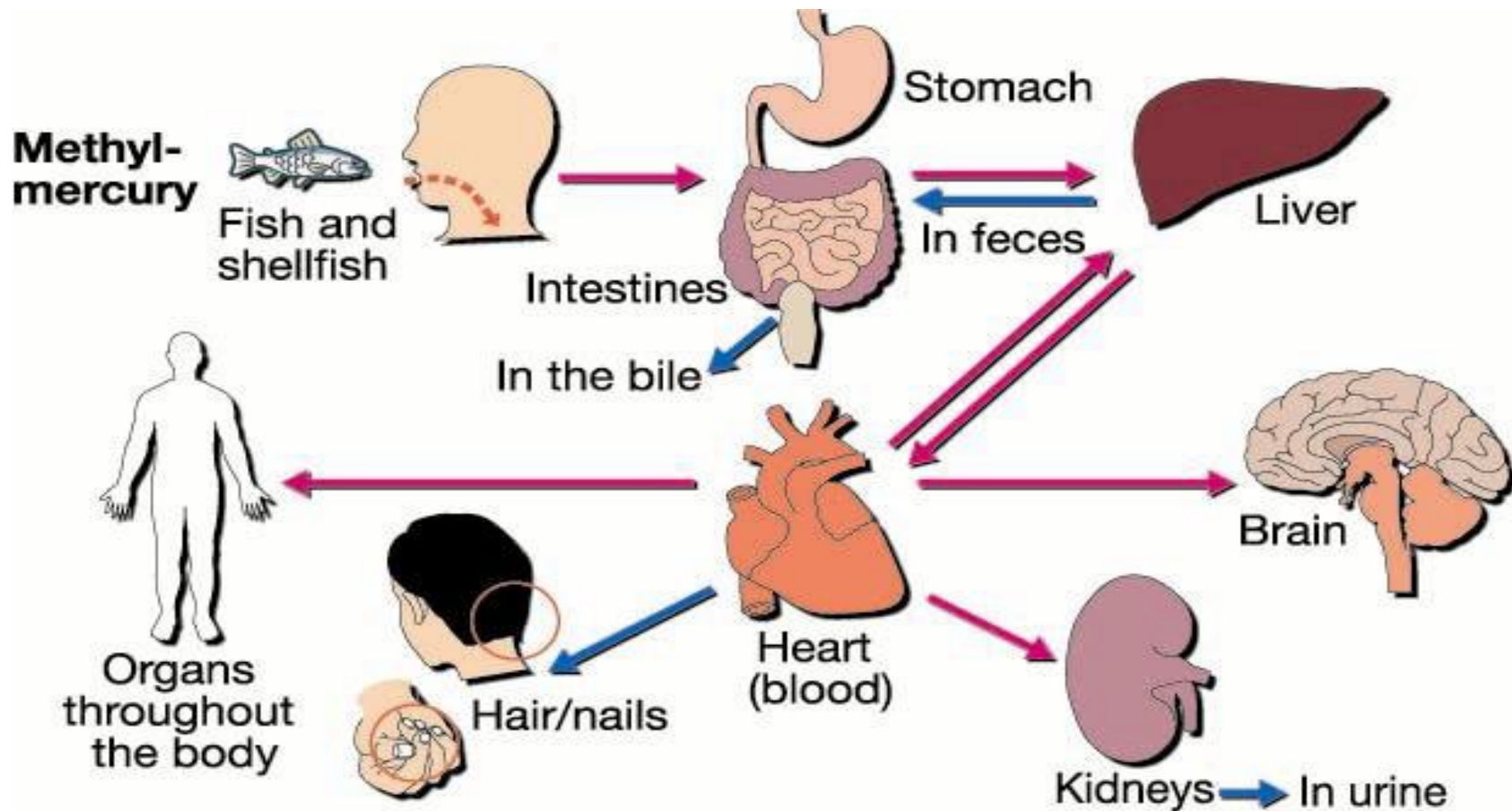


- Causes neurological and reproductive effects, particularly in birds and predatory mammals
- High levels seen in seals, whales, polar bears





# Exposure Pathway and Effects on Humans



➡ Accumulation of methylmercury  
➡ Excretion of methylmercury

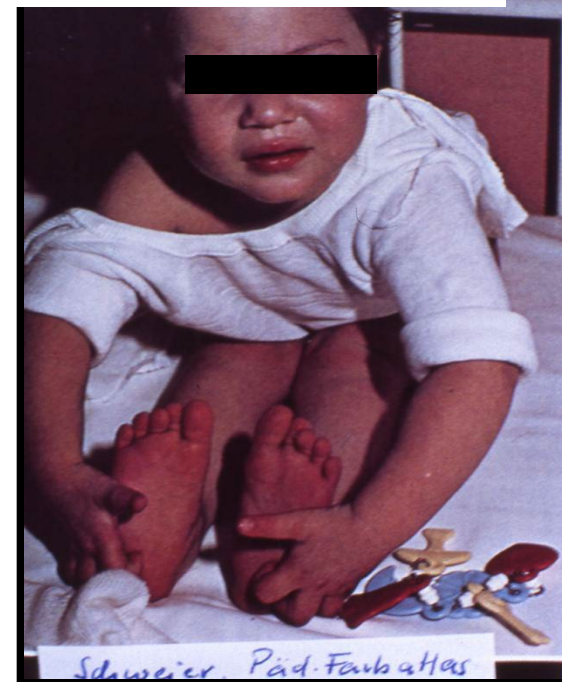


Mercury Species	Sources	Routes of exposure	Elimination	Toxicity
<i>Elemental (metallic)</i>	<ul style="list-style-type: none"><li>•ASM</li><li>•Chlor alkali</li><li>•Non ferrous mining</li><li>•Waste incineration</li><li>•Amalgams</li><li>•Manufacturing of medical devices</li><li>•Folk remedies</li><li>•Cosmetics/soaps</li></ul>	Inhalation  Dermal	Urine and faeces	CNS Kidney Lungs Skin (Acrodynia in children)
<i>Inorganic (mercuric chloride)</i>	<ul style="list-style-type: none"><li>•Manufacturing and breakage of Lamps, Batteries</li><li>•Disinfectants</li><li>•Cosmetics/soaps</li><li>•Folk medicine</li></ul>	Inhalation Ingestion  Dermal	Urine	CNS Kidney GI tract Skin (Acrodynia in children)
<i>Organic (methyl; ethyl)</i>	<ul style="list-style-type: none"><li>•Fish</li><li>•Fungicides</li><li>•Preservatives (vaccines)</li></ul>	Ingestion Parenteral Transplacental; inhalation	Faeces	CNS Cardiovascular

# Mercury Effects on Fetus and Children

Uncommon syndrome "Pink disease":

- ❖ Pain in the extremities
- ❖ Pinkish discoloration and desquamation
- ❖ Hypertension
- ❖ Sweating
- ❖ Insomnia, irritability, apathy



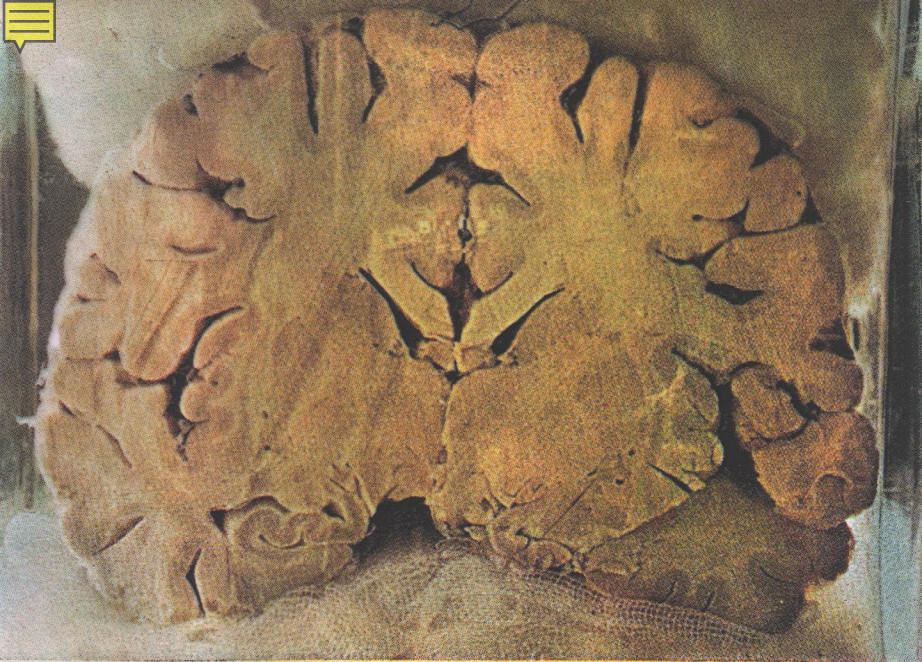




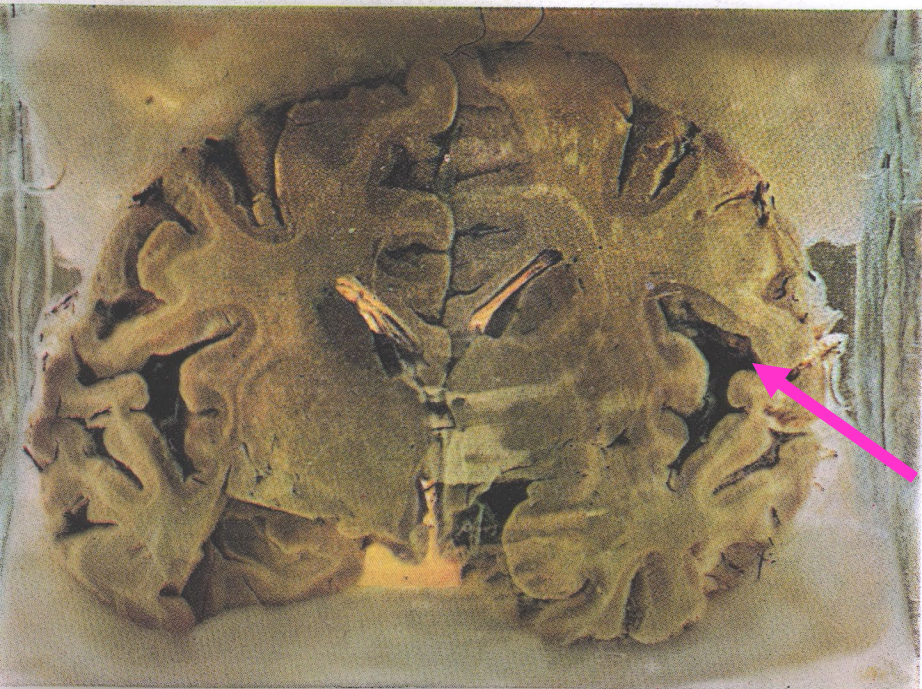
*Muhlendahl*







## Healthy Brain



## Brain from a person with Minamata disease.

An empty space in a shrinking brain due to necros/small neurons.

# Factors affecting Occurrence and Severity of Health Effects



- Chemical form
- Dose
- Age
- Duration
- Route of exposure
- Dietary patterns of fish and seafood consumption

# Susceptible Population



- More sensitive- fetus, newborn, children  
*Mothers, pregnant women, women of reproductive age*
- Exposed to high levels of Hg~subsistence fishers, recreational anglers, regular eaters of fish, shellfish, muscles and organs from marine mammals
- Individuals with diseases of the liver, kidney, nervous system, lungs
- Individuals with dental amalgams
- Workers with high occupational exposure
- Users of products (soaps, creams, traditional/cultural)





# Biomonitoring



- Hair~chronic exposure to methylHg, direct relationship with blood
- Blood ,Cord blood, Urine, Nails, Human milk

.1 $\mu$ g/kg/day intake of methylHg=

1  $\mu$ g/g hair=5~6  $\mu$ g/li in cord blood=4~5  $\mu$ g/li blood

# Environmental monitoring

- Sediments, soil, air

# Maximum allowable Hg in Fish to be sold in the market

- Codex Alimentarius: .5 mg/kg methylHg in non predatory fish;  
1 mg/kg methylHg in predatory fish
- USFDA: set an action level of 1 mg/kg methylHg in finfish and shellfish
- EC: allows .5 mg Hg/kg in fish products
- Japan: .3 mg methylHg/kg in fish

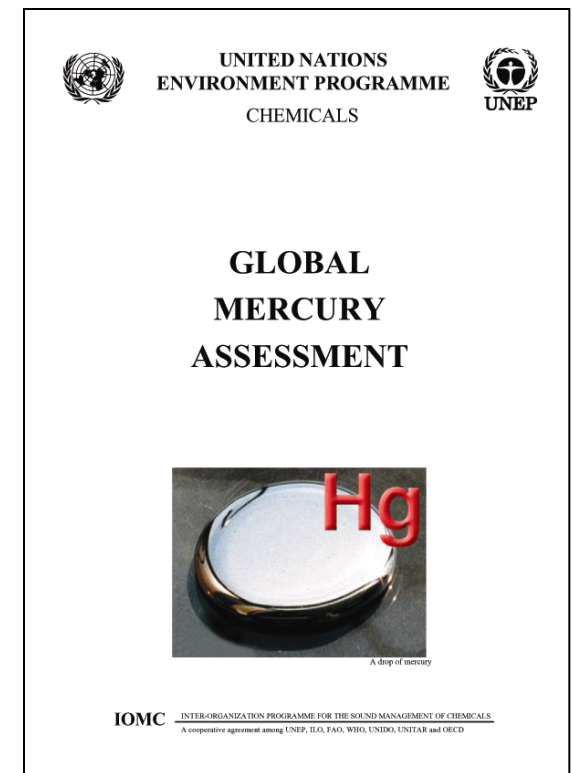


Source: FAO



# Mandates of Mercury Work

- Initiated by UNEP Governing Council in February 2001 (21<sup>st</sup> session)
- Responded to concerns raised in different fora that national/regional action not sufficient to address mercury pollution





# GC Decision 22 (2003)

## Need for global policy response

The Governing Council

- Endorsed conclusions of the Working Group
- Decided (GC 22/4)

national, regional and global actions should be initiated ASAP

- Urged all countries to adopt goals and take actions to identify exposed populations and reduce anthropogenic Hg releases



UNEP Headquarters Nairobi



# Establishment of a UNEP Mercury Programme



- To support efforts of countries to take action to reduce Hg pollution, the Governing Council requested UNEP to initiate technical assistance and capacity building activities to support the efforts of countries.
- In response, UNEP established a mercury programme within its Chemicals Branch in Geneva, Switzerland.



**United Nations, Geneva**

# GC 23/9 (2005): Strengthened UNEP Mercury Programme



- Reiterated the conclusions of the GMA report on the global adverse impacts of Hg on health and environment
- Reiterated its decision that national, regional and global actions should be initiated ASAP
- Urged all countries to adopt goals and take actions to identify exposed populations and reduce anthropogenic Hg releases
- Urged Governments, IGOs, NGOs and private sector implement PARTNERSHIPS in a clear, transparent and accountable manner, as one approach to reducing risks from mercury

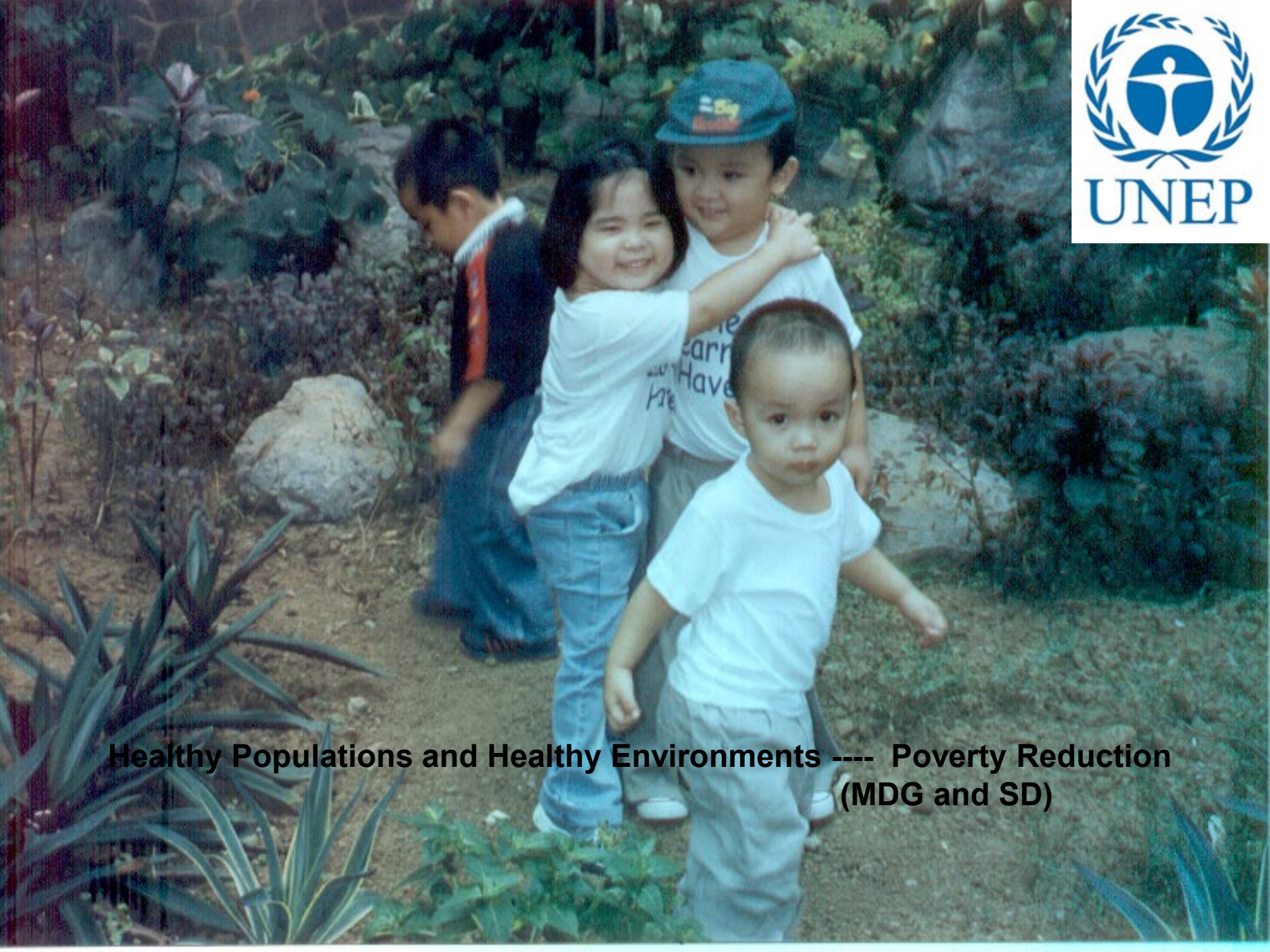


## GC Decision 24/3 (2007)

- Recognised that current efforts to reduce risks from mercury are not sufficient to address the global challenges posed by mercury
- Options of enhanced voluntary measures and new or existing legally binding instruments will be reviewed and assessed in order to make progress in addressing this issue

## GC Decision 25 (2009)...





**Healthy Populations and Healthy Environments ---- Poverty Reduction  
(MDG and SD)**





More information on the UNEP Mercury Programme available at...

<http://www.chem.unep.ch/mercury/>