



**14th Global Meeting
of the Regional Seas
Conventions and Action Plans**
Nairobi, Kenya
1-3 October 2012



INFORMATION DOCUMENT

I Introduction

The United Nations Environment Programme would like to welcome you to Nairobi, Kenya for the **14th Global Meeting of the Regional Seas Conventions and Action Plans.**

In this information document you will find practical details related to conference venue, transport and hotel reservations.

General Information

Kenya is located on the eastern coast of Africa, right on the equator. It is a land of striking landscapes, ranging from snow-capped Mount Kenya to rich farmlands, barren deserts and tropical beaches. It borders Somalia, Ethiopia and Sudan in the north, Uganda in the west, Tanzania in the south, and the Indian Ocean in the east. Kenya's capital city is Nairobi. Other major cities are Mombasa, the main port on the Indian Ocean and Kisumu on Lake Victoria. The eight provinces of Kenya range in geographical size from the small Nairobi Province to the much larger eastern and Rift Valley provinces. Kenya's national parks are wildlife, marine and botanical sanctuaries set aside to conserve their unique species and for educational and recreational enjoyment by Kenyans and tourists.

II Venue

The meeting will be held at the United Nations Office at Nairobi (UNON), United Nations Avenue, Gigiri, Nairobi. (Conference Room 10)
<http://www.unon.org.com>



III Registration and Badges

All participants are requested to register on arrival at the Visitors Pavillion in the UN Complex. Registration will open from Saturday, 29 September 2012 and continued until 12.00 noon on Monday, 1 October 2012.

A list of participants has been submitted to UN Security located at the Visitor's Pavillion, where a ground pass "badge" will be issued for the duration of the meeting.

IV Travel

By air:

Jomo Kenyatta International Airport is approximately 16 kilometres south-west of the centre of Nairobi. The airport is served by airport taxis available at the arrival hall.

The airport host 49 scheduled airlines; JKIA services direct flight connections to Europe, the Middle East, Far East and Africa. It forms the main hub for Kenya Airways, JetLink Express and Fly540.

V Hotels

A list of hotels detailed in Annex I.

Nairobi counts with a wide provision of accommodation, from international hotel chains to guest houses¹. You will have to make reservations and pay for the room directly with the hotel and the participants are responsible for any “no-show”.

Some further hotels are included in the list below.

Hotel	Indicative rates	Additional information
Tribe Hotel	USD 235	www.tribe-hotel.com/ Distance to UN Complex: 4 km
Sankara Hotel	USD 233	www.sankara.com Distance to UN Complex: 10 km
Southern Sun Mayfair Nairobi	USD 235	www.southernsun.co.ke Distance to UN Complex: 8 km
Intercontinental Hotel	USD 205	www.intercontinental.com/nairobi Distance to UN Complex: 12 km
Hilton Hotel	USD 200	www.hilton.com Distance to UN Complex: 12 km
Windsor Golf Hotel and Country Club	USD 170	www.windsorgolfresort.com Distance to UN Complex: 15 km
Casabella Suites	USD 125	www.casabellagigiri.com/ Distance to UN Complex: 4 km
Gigiri Homestead	Tbc	www.gigirihomestead.com Distance to UN Complex: 3 km

¹ Overview of accommodations in Kenya at www.sleepout.com

VI Passport and Visas

Passports are required for entry to the country

Many foreigners need a visa to enter Kenya. Most countries can receive a visa upon arrival at Jomo Kenyatta International Airport. The visa fee for a single entry is USD 50.

Diplomatic, Official, Service and Courtesy visas are issued Gratis.

Nationals (Passport Holders) of the following countries shall have their visa applications referred to the Director of Immigration Services in Nairobi for approval. The processing varies from case to case. No expedited services for Referred Visa applications.

Afghanistan, Senegal, Azerbaijan, Kosovo, Somalia, Armenia, Lebanon, Syria, Cameroon, Libya, Palestine, Eritrea, Mali, Tajikistan, Iraq, Democratic Peoples Republic of Korea (Formerly North Korea).

For more information please visit: www.mfa.co.ke

VII Health

A yellow fever vaccination certificate is mandatory for travelers over one year of age coming from countries where yellow fever may occur. Angola, Benin, Bolivia, Brazil, Cameroon, Colombia, Ecuador, Democratic Republic of Congo, Gabon, Gambia, Guinea, Guinea Bissau, Liberia, Peru Sierra Leone and Sudan have been indicated as countries where yellow fever may occur, but no guarantees can be given that no certificates are required from other countries. Malaria risk exists throughout the year in Kenya, though there is little risk in Nairobi and the highlands.

VIII Currency

The currency in Kenya is Kenya Shilling (KSH). The exchange rate is approximately 83.8 to the US Dollar.

Local currency can be obtained in the Bureau de Change or a available ATMs at the airport.

Alternatively, a branch of the Kenya Commercial Bank (KCB) is located in the UN complex at the lower lobby. In addition you will find several Forex Exchange around Gigiri area.

IX Power Supply

Power supply is 220/240 volt/60 Hertz. Plugs and sockets use the three-pin type. Please make sure to bring along a power adapter for use in Kenya.

X Time Zone and Climate

Time Zone:

Standard time zone: UTC/GMT +3 hour

No Daylight saving time

Climate:

Nairobi is known for its cool and highland climate. In October it can rain up to 52 mm, so make sure to bring an umbrella or your waterproofs.

The average temperature in October max 26°C (79°F) min 13°C (55°F)

XI Tourism Information

For information about Kenya, please see the website: www.tourism.go.ke

More information about Kenya, which is famous for its coastal beaches, can be found at the website of the tourist information: <http://www.tourism.go.ke>

Most city offices and banks are open from 9:00 to 16:00 Monday through Friday. Shopping centres are open from 9:00-17:00 weekdays. Most supermarkets are opened throughout the week. Nakumatt Supermarket located approximately 5km from the UN Complex.

XII Meeting support

If you require more information, please contact one of the following representatives of the organizers and the host:

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NAIROBI HOTEL RATES - 2012

NAME	STAR RATING	ROOM OCCUPANCY	ROOM RATE	AIRPORT TRANSFER	LOCATION DISTANCE TO UN
1 CROWNE PLAZA NAIROBI P.O Box. 25574- 00100 Tel:+254 20 2746000 Fax:+254 20 2746100 Email:reservations@cpnairobi.com www.cpnairobi.com	4 Star	Standard Single Standard Double	US\$215 US\$245 Bed & Breakfast Inclusive of all taxes	US\$ 25 Per person	Upper Hill (Outside City Center) 15 Km
2 FAIRMONT THE NORFOLK HOTEL P.O Box 40064-00100 Nairobi, Kenya Tel: 254-20-2216940/2265000 Fax: 254-20-336742 Email: kenya.reservations@fairmont.com www.fairmont.com	5 Star	Single Double	US\$238 US\$271 Bed & Breakfast Inclusive of all taxes	US\$60 Per person	City Center 12 Km
3 HILTON HOTEL P.O. BOX 30624, Nairobi, Kenya Tel: 254-20-2790000 Fax: 254-20-250099/226477 reservation_nairobi@hilton.com www.hilton.com	4 Star	Single Double	US\$200 US\$240 Bed & Breakfast Inclusive of all taxes	US\$ 21 per person	City Center 12 Km
4 INTERCONTINENTAL NAIROBI P.O. Box 30353-00200, Nairobi, Kenya Tel: 254-20- 320 00 000 Fax: 254-20- 320 00 030 Email: reservations@icnairobi.com www.intercontinental.com/nairobi	5 Star	Superior Single Superior Double	US\$ 205 US\$ 245 Bed & Breakfast Inclusive of all taxes,	US\$ 30 per person	City Center 12 km
5 JACARANDA HOTEL P.O. Box 14287 - 00800, Nairobi Kenya Tel: 254-20-4448713/4/5/6/7 Fax: 254-20-4445818 Email: bookings@jacarandahotels.com www.jacarandahotes.com	4 Star	Superior Single Superior Twin	US\$ 175 US\$ 215 Bed & Breakfast Inclusive of all taxes		Westlands 10 Km
6 LAICO REGENCY HOTEL P.O Box 57549 Nairobi, Kenya Tel: 254-20-2211199 Fax: 254-20-2217120 Email: reservations@laicoregencyhotel.co.ke www.laicoregencyhotel.co.ke	4 Star	Deluxe Single Deluxe Double	US\$ 175 US\$ 200 Bed & Breakfast Inclusive of all taxes,	US\$40 Per person	City Center 12 Km
7 NAIROBI SAFARI CLUB P.O. Box 43564 Nairobi, Kenya Tel: 254-20-2821000/2251333 Fax: 254-20-2215137 Email: reservations@nairobisafariclub.com www.nairobisafariclub.com	3 Star	Single Suite Double Suite	US\$ 170 US\$ 190 Bed & Breakfast Inclusive of all taxes	US\$ 30 per person	City Center 12 Km
8 NAIROBI SERENA HOTELS P.O Box 48690 Nairobi, Kenya Tel: 254-20-2822000 Fax: 254-20-2718100 E-mail: nairobi@serena.co.ke www.serenahotels.com	5 Star	Deluxe Single Deluxe Double	US\$ 270 US\$ 300 Bed & Breakfast Inclusive of all taxes	US\$ 40 Per person one way	City Center 12 Km
9 OLE-SERENI HOTEL P.O Box 18187-00500 Tel:+254 20 3901000/0732 191000 Email: reservations@ole-serenihotel.com www.ole-serenihotel.com	5 Star	Superior Single Superior Double	US\$190 US\$240 Bed & Breakfast Inclusive of all taxes	US\$15	Mombasa Road (near the airport) 18 Km
10 PANARI HOTEL P.O Box 4372, 00506 Nairobi Kenya Tel: 254-20-3946000/ 0725 694600 Fax: 254-20-828985 Email: reservations@panarihotels.com www.panarihotels.com	4 Star	Single room Double room	US\$220 US\$260 Bed & Breakfast Inclusive of all taxes,		Mombasa Road (near the airport) 18 Km

NAIROBI HOTEL RATES - 2012

11	RED COURT HOTEL P.O. Box 26601-00100 GPO Nairobi. Tel: 254-20-604528 Or 3520757/3593145/6 Fax: 254-20-608681 Email: reservations@redcourt.co.ke www.redcourt.co.ke	3 Star	Single Double	US\$ 135 US\$ 180		Off Mombasa Road (near the airport) 20 Km
12	SAFARI PARK HOTEL P.O. Box 45038, Thika Rd. Nairobi, Kenya Tel: 254-20-3633000/3633312/971 Fax: 254-20-3633919 reservations@safariparkhotel.co.ke Email: sales@safariparkhotel.co.ke www.safaripark-hotel.com	4 Star	Deluxe Single Deluxe Double	US\$ 190 US\$ 250	US\$ 35 per person	Thika Highway (Outside City Center) 12 Km
13	SANKARA NAIROBI P.O. Box 1638-00606 Tel: 254-20-4208000 Fax: 254-20-4208888 Email: stay@nairobi.sankara.com www.sankara.com	5 Star	Standard Single Standard Double	US\$ 233 US\$ 259		Westlands 10 Km
14	SAROVA THE STANLEY P.O. Box 72493 Nairobi Kenya Tel: 254-20-316377 Fax: 254-20- 2715566 Email: thestanley@sarovahotels.com www.sarovahotels.com	5 Star	Deluxe Single Deluxe Double	US\$195 US\$235	US\$ 40 per person	City Center 12 Km
15	SAROVA PANAFRIC HOTEL P.O. Box 72493 Nairobi, Kenya Tel: 254-20-316377 Fax: 254-20-2715566 Email: panafric@sarovahotels.com www.sarovahotels.com	4 Star	Standard Single Standard Double	US\$165 US\$205	US\$ 40 per person	Upper Hill (Outside City Center) 15 Km
16	SOUTHERN SUN MAYFAIR NAIROBI P.O. Box 66807(00800) Nairobi, Kenya Tel: 254-20-3740920 Fax: 254-20-3748823 www.southernsun.co.ke reservations@southernsun.co.ke	4 Star	Single Double	US\$235 US\$250		Westlands (Outside City Center) 8Km
17	TRIBE-THE VILLAGE MARKET HOTEL P.O. Box 1333,00621 Village Market Nairobi Tel: 254-20-72 00 000 Fax: 254-20-7200 110 Email: resevations@tribehotel-kenya.com www.tribe-hotel.com	5 Star	Deluxe Single Deluxe Double	US\$235 US\$275	US\$ 50 per person	Gigiri Area (near UN) 4 Km
18	WINDSOR GOLF HOTEL & COUNTRY CLUB P.O. Box 45587 Nairobi, Kenya Tel: 254-20- 8562300/8562500 Fax: 254-20-8563322 Email admin@windsor.co.ke www.windsorgolfresort.com	4 Star	Deluxe Single Deluxe Double	US\$170 US\$205		Kiambu Road (Outside City Center) 15 Km

1. These hotels are approved by the UN security
2. Hotel rates are not fixed