# Why lead paint is a problem

Joanna Tempowski,
Dept Public Health, Environmental and
Social Determinants of Health



### **Key messages**

- Lead is a persistent hazard
- Lead has wide-ranging effects on health
- Lead paint is still widely available
- There are alternatives to lead paint



#### What is lead paint?

- Paint to which lead compounds have been added to give certain properties e.g. colour, rapid drying
- Includes varnishes, lacquers, stains, enamels, glazes, primers, and coatings
- Used for decoration inside and outside homes and public buildings, on toys, furniture and playground equipment, on roads, bridges and other structures



#### Lead persists in the environment

- Lead can be released during paint manufacture, application and removal
- Old lead paint fragments into flakes and dust that contaminate the home environment
- Lead can remain in the environment indefinitely
- Lead paint creates legacy of potential human exposure for years into the future







#### Lead persists in the body

- Stored in bone for many years
  - ➤ In adults 90% of body burden may be in bone
- Lead can remobilize from bone, e.g. during pregnancy, lactation and the menopause
- Affects all body systems
- No safe level of exposure to lead has been identified



Lead lines in bone



## Children are especially vulnerable

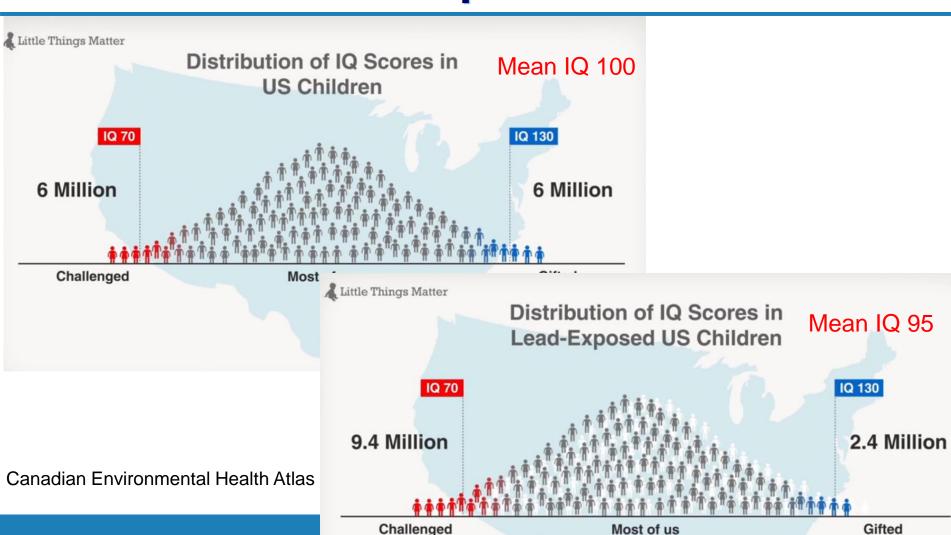
- Greater exposure:
  - hand-to-mouth activity, mouthing
  - absorb 4-5 times more lead from the gut than adults
- Early childhood is critical period for neurological and organ development
- Damage may be permanent
  - reduced potential for intellectual development
  - increased likelihood of behavioural disorders







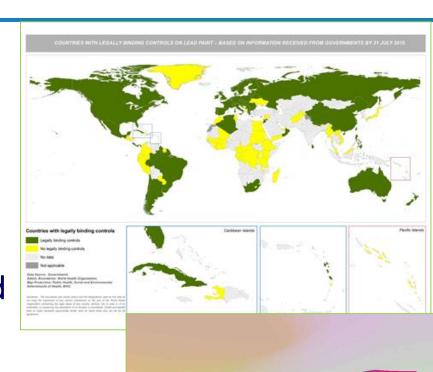
# Small IQ reduction has significant social impact



#### Lead paint is still widely available

- >65 countries do not have legally binding controls on lead paint
  - > SAICM/ICCM4/INF/25

- Market surveys show that lead paints still sold in Africa, Asia, Latin America and Eastern Europe
  - consumers not given information on lead content





#### Alternatives to lead are available

- Non-lead pigments and driers can be used
- Lead-free paints are available at similar cost in countries
- Countries with established regulatory frameworks have lower lead levels in paint
  - e.g. Uruguay no paint exceeded 90 ppm lead
  - ➤ e.g. Chile only 1 paint exceeded 90 ppm lead (UNEP/IPEN Lead in enamel decorative paints. National paint testing results in a nine country study (2013))



#### **Conclusions**

- Lead is a persistent hazard it remains in the environment, in the home and in the human body
- Lead has wide-ranging effects on health these have both personal and societal impacts
- Lead paint is still widely available many countries have yet to control this
- Alternatives to lead paint are available
- Prevention is better (and cheaper) than cure!