60% of our ecosystems are damaged.

An anchor dropped in a coral reef for one day destroys an area half the size of a football field.

An average golf course in the tropics needs 15,000 kg of fertilizer, pesticides and herbicides per year.

In the last 40 years our demand for the earth's resources has tripled.

We extract 140 billion tonnes of natural resources every year.

The world's wealthiest 10% contribute to 50% of global carbon emissions.

We use the equivalent of 1.6 planet Earths in renewable resources.

Energy-efficient lighting saves over 2,500 TWh of electricity each year.

Globally, 7 out of 8 urban citizens breathe air that fails to meet WHO's safe levels.

The transport sector accounts for 25% of CO2 emissions.

A single long-distance flight produces the same CO2 emissions as one year of driving.

The building sector contributes up to 30% of global greenhouse gas emissions.

The building sector uses up to 40% of all energy.

Every drop counts: dripping taps in "rich" countries waste more water than what is available each day to more than 1 billion people.

Neighborhood design affects commuting distances, crime rates, and overall well-being.

By 2050 our planet will feed, clothe and house 9.7 billion people, the majority in urban areas.

Decisions we make now will lock in our fate for decades or even centuries.

Our cities produce:

"More, bigger, faster" puts nine billion dreams in jeopardy.

We eat, we live, we buy and use, and we do what makes up our "lifestyles"?

Sustainable lifestyles:

- Choose energy-efficient appliances
- Invest in insulation
- Switch off lights when not in use
- Fix tap if water is dripping
- Do not throw away if still useful
- Do not buy if you do not need
- Buy products with long warranties and that can be repaired
- Demand that suppliers and vendors meet sustainability procurement standards
- Shop local
- Explore vacation options within close reach
- Travel light
- Look for hotels that embrace sustainability
- Fly with airlines committed to sustainable aviation
- Opt for online carbon offset
- Walk or bike and enjoy the scenery
- Carpool or take public transport
- Adopt credible sustainability indicators including procurement standards
- Provide more sustainable goods and services to reduce their environmental footprint.

LIVE LIFE LIGHTLY

Consume wisely, consume for well-being.

Ask your local authority to promote sustainable goods and services.

Invest in low-carbon businesses.

Build sustainable infrastructure and invest in low- or no-emission buildings.

Make cities healthier and more livable.

Put pressure on companies to provide more sustainable goods and services, and reduce their environmental footprint.

Save energy, save water, save the planet.