

# Dental amalgam Impact on the environment

## Actions for patients



Photos: Left David Axe; right Anderson Mancini

**Tooth decay is a serious public health problem around the world**

**Prevent tooth decay by practicing good oral hygiene\***

\* such as regular brushing of teeth, avoiding sugary food, visiting the dentist twice a year



Photos: Left David Axe

**The dentist may treat a decayed tooth using amalgam fillings that contain mercury**  
**Discuss with the dentist the possibilities for mercury-free alternatives**



Photos: Left Kauztor; middle pgordon2; right rhodesj

**Discarded dental amalgam waste pollutes the environment**  
**By taking care of your teeth, you also take care of the environment**